



LOOKING FOR SOMETHING? LET US HELP YOU FIND IT!

Having trouble reaching a calm, balanced and productive life? MHN's Employee Assistance Program can help. We're there whenever you need us, to help with:

- » Stress and depression
- » Grief and loss
- » Alcohol and substance issues
- » Family, marital and relationship challenges
- » Anger management
- » Financial and legal challenges
- » Balancing work and life

Call us toll-free anytime:

(866) EAP-4SOC (866) 327-4762

TDD callers, please dial: (800) 327-0801

Or visit: **eap4soc.mhn.com**

Wallet Card Here

